

Some Coaches General Preparation and Information

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1. Zone Coach's Information

- Each Zone committee is to call for applications for coaches for each of their teams. This may be done by email or in writing (not verbally) and applicant must state any past experience etc.;
- SCM, QCSA Rep Coordinator and QCSA DOC to oversee the Zone selection process together with the respective Zone committees;
- It is preferable that a Zone Representative Coach hold a Junior License (or higher) or be willing to complete the first available QCSA approved course
- It is preferable that the coach be a current coach or manager of a club in that zone for the upcoming year. A parent who has a child in a representative team is permitted to be appointed as a coach for that team;
- No coach of a Zone Team can apply to be a Coach/ or A/Coach of the same age group National Team;
- Blue Cards details are required to be given to QCSA Rep Zone Sub-Committee from each Zone for **all** coaches. Blue Card Registers will also be kept by zones;
- All Zone Representative Coaches will be expected to attend a meeting to discuss their responsibilities and the player selection process. The date of the meeting will be advised through your Zone Committee.

Training Equipment

Each team is to supply their own.

Coaching Courses

It is preferable that all Zone Representative Coaches have a junior license (or higher) or obtain one during the year. QCSA Rep Zone Sub-Committee recommend that Zone Representative Coaches are to continue their education through the variety of coaching courses.

QCSA By Laws, Oath and Code of behaviour

It is important that you read all documents carefully as these do effect the way representative teams are run within the Association. Should you have any question about these please contact the QCSA Rep Zone Sub-Committee.

The Association will not tolerate any official or player entering into arguments or unsportsmanlike incidents with referees, opponents, officials or spectators. The QCSA Rep Zone Sub-Committee may suspend or dismiss any official guilty of behaviour detrimental to the code of soccer. (This includes foul and abusive language).

The Zone Representative Coach or Manager, or QCSA REP Sub Committee or any member of SCM, shall not use their position to influence players into changing from their Local Club or Association team into a differing Club or zone.

Training Strips

The Association understand the desire to have a training strip for your team. If this strip has been donated or sponsored (following the applicable QCSA By-Law) that is fine. However, if it is an extra expense to the players then it cannot be made mandatory.

Representative Trial / Selection

- All zones are encouraged to have their muster days/nights for interested players at the same time in the preceding year (if at all or within the same week). These are NOT to have anything to do with pre-selecting players, they are purely to keep the kids interested and running any interested players as a whole squad. No selections will be made until the start of the year in which the State Titles is being held.
- 2. Representative trials are held annually at the discretion of the QCSA Rep Zone Sub-Committee in conjunction with liaising with the individual Zones, typically once clubs have had their sign-on days for the year the state titles is being held.
- 3. The representative Trials can be held over three weekends. This allows you and your two other selectors to watch the players wishing to try out. At the trials you have a one-hour session, in this time you can run drills and / or play a game amongst the players or another team.
- 4. The other selectors should be past or present representative coaches, QCSA DOC or other members' familiar with representative soccer. Where appropriate, selectors should be from 3 different clubs or completely independent from the age group concerned. The reason why QCSA has a 3-person selection panel is so the process of representative selection can be seen as unbiased and fair to all players trying out. It also takes the onus off the coach should parents complain. Please liaise with your Zone Committee and QCSA Rep Zone Sub-Committee to assist you with this.
- 5. SCM members to help and guide any new zone coaches and managers on selection of players for their teams. National team coaches to guide Zone coaches on selection of players; Zone coaches are not permitted to do selections (where possible);
- 6. Squad selections must be made by representative squad selection 3 (three) person panel to be appointed, consisting of the Zone Representative Coach and two other persons appointed by the QCSA Rep Zone Sub-Committee and Zone Committee. Where appropriate, selectors should be from 3 different clubs or completely independent from the age group concerned.
- 7. At the trials no player is permitted to wear any representative gear.

After the trials you and your other selectors chose either a squad (20-25 players) or a team (14-16 players).

Final Team Selection

The names of the players successful and unsuccessful of selection must be emailed to your Zone Committee as soon as you have selected the team after trials have completed. You as the coach are not to personally tell anyone of the outcome of the team /squad selection. The teams (including coach's details and training times) will be posted on the relevant Zones information page on the QCSA website. You must also let your Zone Committee know of the date of the first training Session, venue and time, so this can be included in the website information.

Once the final team has been selected you need to source a manager for the team. This person will organise the paperwork, uniforms, communicate with the parents, Zone Committee and QCSA Rep Zone Sub-Committee. The person you choose should be able to enter data onto an Excel Spreadsheet (Open Office) and can also update these spreadsheets. Once you have a person willing to take on this position email their contact details to your Zone Committee for approval.

Training

Most coaches won't have their first training sessions until late January / February. You have to remember many of your players will do other sports during summer and soccer should not interfere with it.

All training sessions, venues and times must be sent to your Zone committee, who will in turn advise the QCSA Rep Zone Sub-Committee.

As we are a Christian Association, **we do not train on Sundays** as this should be a family day. However, the Association understand you may need the occasional Sunday get together.

A representative team may train once a week. Please remember these players also train with their clubs and play on Saturdays, you do not want to over train your players.

The coach in consultation with parents have the final say on what night the team will train, however you may wish to find out what night clubs have their training and see if you can work around those. For insurance purposes you must advise the Zone Committee of training times and venues.

You may incur light costs if you decide to train at night. You may wish to share with another team to cut down the cost. The cost is something that you or your Zone Committee will need to liaise with the club/s involved to come to a mutual agreement.

After training make sure the area / venue is left clean and secure.

Practice Games

An email must be sent into to the Zone Committee at least one week prior to the game so they can get the match sanctioned by QCSA. Your Zone Committee will need to know the time, venue of the game and the opposition team for insurance purposes. You must approach the club in which you wish to use their field for the game, and you must have the club's approval before the game can go ahead.

Game Time

QCSA recommends fair play and that coaches should avoid over playing the talented players and give the other players the opportunity to develop their skills on the field. All players shall be given a fair amount of time actually playing in all games.

Removing a Player from the team

Reasons from removing a player

- 1. Serious Injury
- 2. Regularly failing to turn up to training without a reason (normally 3 or more weeks)
- 3. Behaviour and Attitude at training and games

Process for removing a player from the team

Before you remove a player from your team you need to contact the Zone Committee. They will advise you on what you need to do. You need to document what you have done to resolve the situation, i.e. have spoken to parent regarding their child's behaviour at training on several occasions. The Zone Committee will notify the player they have been removed from the representative team if the zone deems it necessary.